

[PDF] The Ketogenic Diet: A Treatment For Children And Others With Epilepsy

John Freeman, M.D. Eric H. Kossoff, Jennifer B. Freeman, R.D. Millicent T. Kelly - pdf download free book

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Description:

Review "While this is a profoundly rigorous diet, with potentially serious side effects, Freeman, Kossoff, et al. discuss every facet of the process with clarity and professionally restrained optimism. Under proper guidance and with real dedication, this diet may be the path to recovery for children with difficult-to-control seizures." -- Kirkus Reports

"A 'must'...Very highly recommended as a top alternative to medication for kids with epilepsy."--The Midwest Book Review

"This book is easy to read... Anecdotes from families that have used the ketogenic diet are interspersed throughout the chapters and make the...text more interesting, and bring the diet to life... This book is highly recommended for pediatric consumer health libraries."--CAPHIS Consumer Connections

"The book is highly recommended for physicians who are dealing with epileptic patients particularly in the pediatric age group... The book is highly recommended to dietitians and parents who may embark on the path of the ketogenic diet for drug resistant seizures." -- Saudi Medical Journal

"If we had had the information in this book fifteen months earlier, a vast majority of Charlie's \$100,000 of medical, surgical, and drug treatment would not have been necessary, a vast majority of Charlie's seizures would not have occurred." --From the Foreword by Jim Abrahams, Director, The Charlie Foundation to Help Cure Pediatric Epilepsy (*"From the Foreword by Jim Abrahams, Director, The Charlie Foundation to Help Cure Pediatric Epilepsy"* 20100503)

About the Author

John M. Freeman, MD is Professor of Neurology and Pediatrics and has spent most of his career at Johns Hopkins University, where he has spent most of his career. In 1969, he created and assumed directorship of the Johns Hopkins Child Neurology Program. His contributions have made the Center a leader in the field. He has written nearly 150 articles, 41 book chapters and seven books or editions of books including, *The Ketogenic Diet: A Treatment for Children and Others with Epilepsy*, and the award-winning *Seizures and Epilepsy in Childhood: A Guide*

Eric Kossoff, MD - Dr. Eric Kossoff is an Assistant Professor of Neurology and Pediatrics and a member of The John M. Freeman Pediatric Epilepsy Center, as well as the Division of Pediatric Neurology. His clinical practice specializes in the diagnosis and treatment of childhood seizures and epilepsy, especially involving diet and other non-surgical options.

Millicent T. Kelly, RD, LD is the retired Dietician at the John M. Freeman Pediatric Epilepsy Center. For more than 40 years, she taught families at Hopkins how to administer the ketogenic diet.

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