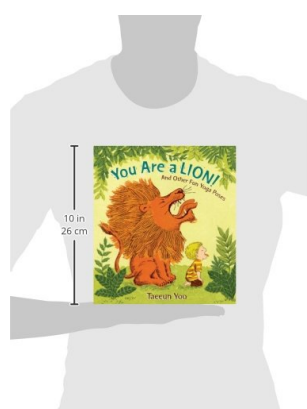


[PDF] You Are A Lion!: And Other Fun Yoga Poses

Taeun Yoo - pdf download free book



Books Details:

Title: You Are a Lion!: And Other Fu
Author: Taeun Yoo
Released: 2012-03-15
Language:
Pages: 40
ISBN: 0399256024
ISBN13: 9780399256028
ASIN: 0399256024

[**CLICK HERE FOR DOWNLOAD**](#)

pdf, mobi, epub, azw, kindle

Description:

With simple instructions and bright, clear illustrations, award-winning artist Taeun Yoo invites children to enjoy yoga by assuming playful animal poses. And she sparks their imagination further by encouraging them to pretend to be the animal - to flutter like a butterfly, hiss like a snake, roar like a lion and more. Yoga is great for kids because it promotes flexibility and focus - and it's relaxing good fun! The charming pictures of children and animals and the lyrical text make this gentle introduction to yoga a book to be treasured.

-
- Title: You Are a Lion!: And Other Fun Yoga Poses
 - Author: Taeun Yoo
 - Released: 2012-03-15
 - Language:
 - Pages: 40
 - ISBN: 0399256024
 - ISBN13: 9780399256028
 - ASIN: 0399256024
-