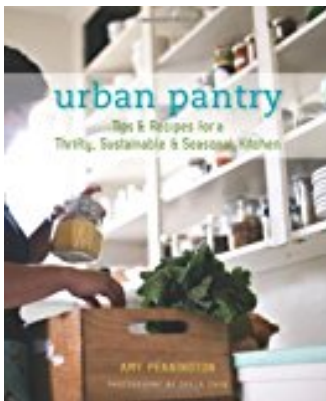


# [PDF] Urban Pantry: Tips And Recipes For A Thrifty, Sustainable And Seasonal Kitchen

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**Books Details:**

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**Description:**

**Review** "Here are some of the standouts that I will be delving into all summer. Among them is Amy Pennington's book, Urban Pantry full of clever recipes for using your kitchen to the max. Love, gp" July 2010, GOOP by Gwennyth Paltrow

"There hasn't been nearly enough written about the pantry-most people treat theirs like it's merely

shelving or storage, but it's actually the war chest of the kitchen." Amanda Hesser, food reporter, author & founder Food52

"I've recommended Pennington's book plenty of times myself: Pennington is kitchen-smart and garden-savvy, the sort of economical, creative cook everyone would love as a housemate." Rebekah Denn, food reporter -- Christian Science Monitor

Best of 2010 top 10 lists for Cookbooks. --Amazon.com

**About the Author** Food enthusiast Amy Pennington is the creator and owner of GoGo Green Garden, and edible garden business wherein she builds, plants and tends edible gardens for city folk in their backyards. In March of 2009, Amy launched UrbanGardenShare.org, a garden website that pairs city gardeners with unused garden space via an online matching site. She has been featured on Whole Living Martha Stewart Sirius Radio and in national and international publications including *Sunset Magazine*, *Woman's Day* and the *Toronto Star*. Amy is a regular contributing writer to *Edible Seattle*, a bi-monthly food focused magazine highlighting the culinary bounty of the Puget Sound. Her first book, *Urban Pantry - Tips and Recipes for a Thrifty, Sustainable and Seasonal Kitchen* was published in 2010. She lives in Seattle. Visit [gogogreengarden.com](http://gogogreengarden.com) to learn more.

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