

[PDF] The Gentle Art Of Blessing: A Simple Practice That Will Transform You And Your World

Pierre Pradervand - pdf download free book



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Description:

Review There are no words to express the enjoyment and renewal that I received in reading this book. It belongs in everyone's library.

—Gerald G. Jampolsky, MD, author of *Love is Letting Go of Fear*

This is a book I can highly recommend. It is a book of silent action. It is something we can all do, and do it all the time, when we remember. So often we have to be reminded, and this book can remind us.

—Eileen Caddy, author of *Opening Doors Within*

This is a simple, democratic, grassroots spiritual practice that gradually brings more love into the life of the person who practices it and into the world. *The Gentle Art of Blessing* is an antidote for resentments and an invitation to become a bigger soul.

—Jean Shinoda Bolen, MD, Jungian analyst and author of *Goddesses in Everywoman* and *Urgent Message from Mother*

About the Author Pierre Pradervand has worked for decades in personal development social justice. His impressive career includes work on nearly every continent, and as a speaker and workshop facilitator, Pierre is often gives talks on the topic of how to live differently. In his workshops, he provides personal development tools that empower everyone to find and strengthen their internal anchors.

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