

# [PDF] The Complete Adult Psychotherapy Treatment Planner (PracticePlanners)

Arthur E. Jongsma Jr., Timothy J. Bruce, L. Mark Peterson - pdf download free book

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## **Description:**

**From the Back Cover** The Complete Adult Psychotherapy Treatment Planner, Fourth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions
- Organized around 43 main presenting problems, including anger management, chemical dependence, depression, financial stress, low self-esteem, and Obsessive-Compulsive Disorder

- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Designed to correspond with the The Adult Psychotherapy Progress Notes Planner, Third Edition and the Adult Psychotherapy Homework Planner, Second Edition
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies (including CARF, JCAHO, and NCQA)

Additional resources in the PracticePlanners® series:

Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion Treatment Planners.

Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions.

For more information on our PracticePlanners® products, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

**About the Author ARTHUR E. JONGSMA, Jr., PhD**, is Series Editor for the bestselling PracticePlanners®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He managed a group private practice for twenty-five years and is now the Executive Director of Life Guidance Services in Grand Rapids, Michigan.

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