

# [PDF] Naked, Drunk, And Writing: Shed Your Inhibitions And Craft A Compelling Memoir Or Personal Essay

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**Books Details:**

Title: Naked, Drunk, and Writing: Sh

Author: Adair Lara

Released: 2010-08-31

Language:

Pages: 256

ISBN: 158008480X

ISBN13: 978-1580084802

ASIN: 158008480X

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**Description:**

**Review** "Very savvy and smart and hugely entertaining."

--ANNE LAMOTT, author of *Bird by Bird*

**About the Author** ADAIR LARA wrote a twice-weekly column for the *San Francisco Chronicle* for twelve years, taught in the MFA program at Mills College, and won the Associated Press Award for Best Columnist in California. She leads sold-out writing workshops in San Francisco, CA.

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