

[PDF] GREEN BEAUTY RECIPES: Easy Homemade Recipes To Make Your Own Organic And Natural Skincare, Hair Care And Body Care Products

Julie Gabriel - pdf download free book

Books Details:

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Description:

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nourish our body, but help keep our planet clean. I commend Julie Gabriel on making this book available to us and I encourage everyone to consider having "Green Beauty." --Irene Watson, Reader Views, September 2010

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Green Beauty Recipes is the second book by author Julie Gabriel. An extension of her first book, The Green Beauty Guide, Green Beauty Recipes is an indispensable collection of not only recipes, but also instructions, explanations and helpful hints for creating your own collection of skin care, hair care and body care products. Julie gives everyone the confidence to get in the kitchen and create their own beauty! Perfect as a gift for just about any woman.

We love this book and read every word cover to cover. How we wish it had images of some of the finished recipes, however. It's fun to create products and get that feeling of accomplishment that goes along with it. It's a book that won't hide on our bookshelf because we'll be too busy finding recipes that work best with our skin. It has a top spot on our holiday gift list this year. --Jen Adkins, About.com: Skincare, October 2010

About the Author Julie Gabriel is a holistic nutritionist and an organic beauty expert. As a former magazine beauty editor, Julie has worked with WWD, Harper's Bazaar, L'Officiel De La Mode et De La Couture, and Atmospheres. She has also worked on Fashion Television and CNN (Style with Elsa Klensch). When Julie became pregnant with her daughter, she embraced green, organic living and studied as a Holistic Nutritionist in Canadian School of Natural Nutrition in Toronto.

In 2008 Julie has written THE GREEN BEAUTY GUIDE: Your Essential Resource to Organic and Natural Skincare, Hair Care, Makeup and Fragrances (HCI 2008). This book became the first comprehensive guide into organic and natural beauty products. The book and Julie's own organic skincare line were featured in Elle, USA Today, Natural Living, Real Simple, Natural Home, Body+Soul, Organic Beauty, Plenty, About.com, Chopra.com, and on Martha Stewart Living Radio, among others.

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