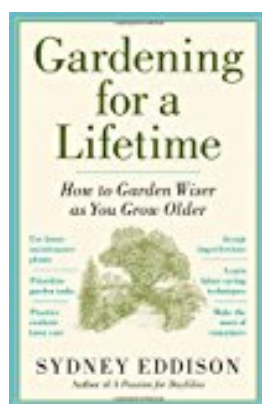


# [PDF] Gardening For A Lifetime: How To Garden Wiser As You Grow Older

**Sydney Eddison - pdf download free book**

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**Books Details:**

Title: Gardening for a Lifetime: How  
Author: Sydney Eddison  
Released: 2010-04-21  
Language:  
Pages: 208  
ISBN: 1604690658  
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**Description:**

**From** A respected, beloved writer and speaker in the gardening world, Eddison shares her personal transition from dynamic garden maker to an aging garden caretaker. Revealing strategies she developed to reduce the workload inherent in maintaining perennial borders, Eddison presents a bullet-point list of “gleanings” to accompany each chapter. Determining which perennials merit a place while removing others is one option she explores. Gardeners who are no longer young will

appreciate her recommendations for choosing shrubs that require less care, or plants that thrive in shade rather than sun. Making task lists might sound elemental, but Eddison explains the importance and effectiveness of such lists. And she suggests ways to search for help when one needs to spend less time maintaining one's garden, a decision that can be difficult for type A gardeners as they grow older. Eddison's thoughtful reflections are timely for countless gardeners who are approaching the time in their lives when a garden sanctuary can feel like a burden. --Alice Joyce

**Review** "Sydney Eddison has long shared with readers...her experiences maintaining her garden in Connecticut. Now she's using those experiences to help older gardeners like herself continue to pursue their passion as they age." (*Akron Beacon Journal* )

"Eddison's thoughtful reflections are timely for countless gardeners who are approaching the time in their lives when a garden sanctuary can feel like a burden." (*Booklist* )

"Sydney Eddison is my kind of garden writer, now passing along wisdom acquired from 50 years. No BS, no rhetoric. Trust this writer; she knows what she's talking about."

(*Garden Rant* )

"While this book is meant for gardeners who are getting older, it's relevant reading for anyone who may not have endless supplies of time, energy and money to devote to their garden." (*Connecticut Gardener* )

"Anyone who's gardened for a long time will want to read Sydney Eddison's new book" (*Philadelphia Inquirer* )

"I found it liberating to be given an excuse to ditch some of my backbreaking chores. Who's waiting to grow old? I'm preparing for the future right now. You can tuck this perfect gift into your basket."

(*New York Times Book Review* )

"Her advice is both practical and creative." (*Winston-Salem Journal* )

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