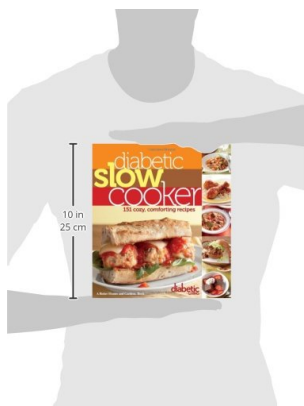


[PDF] Diabetic Slow Cooker (Diabetic Living)

Diabetic Living Editors - pdf download free book



Books Details:

Title: Diabetic Slow Cooker (Diabeti
Author: Diabetic Living Editors
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Description:

Easy, comforting slow cooker recipes from the experts at *Diabetic Living*

Diabetic Living magazine is the most trusted source of information on nutrition and wellbeing for diabetics. In this new collection, the editors of the magazine present 150 flavorful, no-fuss recipes for the slow cooker. Every one of these recipes combines delicious flavors with healthy amounts of calories, carbs, and sodium.

These comforting meals cover almost any occasion, from party foods to pastas, and even hot sandwiches like a Classic French dip. Full nutrition information for each one makes sure you're getting the kind of nutrition you need, while an introductory section includes helpful advice and tips on getting the most out of your slow cooker.

- Features 150 recipes with a beautiful full-color photograph of each
- Includes chapters on main dishes; soups, stews, and chilies; party foods; desserts; and more
- Saves time and money with a special ???Cook Once, Eat Thrice??? chapter that lets you prepare something good you can use in three deliciously different meals

For simple, no-mess recipes that let you enjoy mouthwatering meals while managing your diabetes, look no further than this one-of-a-kind cookbook.

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