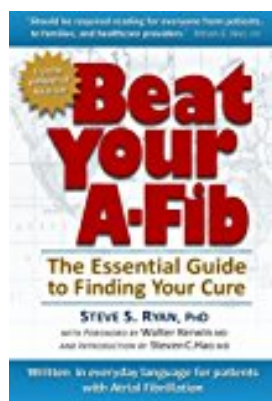


[PDF] Beat Your A-Fib: The Essential Guide To Finding Your Cure: Written In Everyday Language For Patients With Atrial Fibrillation

Steve S Ryan PhD, Patti J Ryan - pdf download free book



Books Details:

Title: Beat Your A-Fib: The Essential Guide to Finding Your Cure
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Description:

Review "... well written, easy to understand, comprehensive and a great resource for patients and caregivers living with atrial fibrillation."

Trudie C Lobban

Founder & CEO, Atrial Fibrillation Association (AFA)

Founder & Trustee, Arrhythmia Alliance

The Midwest Book Review, June 2012:

"...a solid guide to combating this emerging cardiovascular epidemic. ... *Beat Your A-Fib* is a "must read" for anyone suffering from or at risk for this serious medical condition."

James A. Cox, Editor-in-Chief

'Readers' Favorite' review by Lit Amri:

"... a comprehensive guide for anyone in search of a cure for their atrial fibrillation....laymen do not need to fear confusing medical jargon. It covers everything you need to know, if I may say, and even more so than the conventional medical system itself. Without degrading the importance about getting to know A-Fib, the causes, mineral deficiencies, and other topics in this book, I find the personal stories most encouraging and very helpful...All in all, patients of A-Fib and their families would definitely benefit from this priceless guide."

About the Author Steve Ryan, PhD, is a former A-Fib patient, a noted healthcare educator and advocate for patients with Atrial Fibrillation. He is editor of Atrial Fibrillation: Resources for Patients (A-Fib.com), and author of the book, *Beat Your A-Fib: The Essential Guide to Finding Your Cure* (BeatYourA-Fib.com).

Dr. Ryan had his first A Fib attack in the January 1997. After numerous failed drug therapies, two unsuccessful right atria ablations, and much frustration, he educated himself about Atrial Fibrillation through an exhaustive search of medical literature and interviews with medical experts. In April 1998 he was cured by Drs. Pierre Jaïs and Michel Haïssaguerre of the French Bordeaux group (France) through a relatively new procedure at the time called Focal Catheter Ablation (now called "pulmonary vein Isolation").

So grateful for his cure, he pledged to help other A Fib patients find their cure, too. In 2002, he started his website, Atrial Fibrillation: Resources for Patients (A Fib.com), a source of well-researched, unbiased information on current and emerging treatments, resources and medical research--all written in plain language for the non-medical reader. Every month tens of thousands of A-Fib patients and their families visit A-Fib.com seeking hope and guidance. Healthcare professionals around the world refer their patients to A-Fib.com.

Dr. Steve Ryan earned a Ph.D. in Educational Communications from the Ohio State University, and for many years taught film and television courses at the college level. He and his wife, Patti, live in Malibu, California, USA.

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