

# [PDF] Backbone Power The Science Of Saying No (Volume 1)

**Dr. Anne Brown RNCS - pdf download free book**

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**Books Details:**

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## **Description:**

**About the Author** Dr. Brown is a psychotherapist, in Private Practice in Aspen, Colorado. For over twenty years she has served as the trusted advocate and advisor to Influential Corporate Leaders, Trial Attorneys, Athletes, Leaders, Physicians and their families, many whose connections extend well beyond the town of Aspen. Dr. Brown's nursing and psychosocial education afford her the unique ability to assess and intervene with her clients' medical and emotional concerns. Combining her own professional experience with that of her no-nonsense mentor, the former Chilean Minister of Finance, Dr. Fernando Flores, Dr. Brown uses a methodology that helps people reveal their blindness's and speak authentically thereby decreasing their suffering and increasing their dignity and authenticity. Brown has been described by one client as "having a very caring way for going for

the jugular." Before moving to Aspen in 1987, Brown worked as an Alcohol Clinical Specialist at Brigham and Women's Hospital in Boston, Massachusetts from 1981-1983. She was the Program Director of the Outpatient Drug and Alcohol Program at Greater Cape Ann Human Services in Gloucester, Massachusetts from 1983-1987. Since being in Aspen, Dr. Brown has developed a private practice providing therapy for families, individuals, and couples. her practice is results oriented and with her therapeutic intervention her clients develop the tools to become their own self-advocates. She served as a Radio talk show Host for KAJX, on Aspen Public Radio, from 1999-2006 interviewing people following their dreams. She is a life/addictions expert in relationships on [www.genconnect.com](http://www.genconnect.com). In 1997 Dr. Brown reached a personal goal of obtaining her Black Belt in Soo Bahk Do. Brown is a graduate of the University of Virginia, BS in Nursing, Boston University, MS in Psychiatric-Mental Health in Nursing; and International University, PhD in Addiction Studies.

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