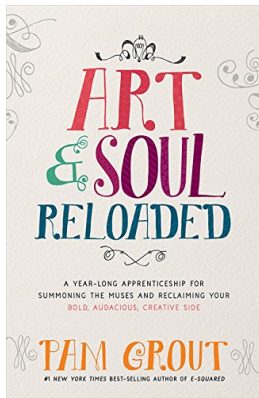


# [PDF] Art & Soul, Reloaded: A Yearlong Apprenticeship For Summoning The Muses And Reclaiming Your Bold, Audacious, Creative Side

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**Books Details:**

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## **Description:**

With her trademark humor, enthusiasm, and no-nonsense guidance, #1 *New York Times* bestselling author of *E-Squared* Pam Grout invites you on a yearlong “apprenticeship” to recognize and unleash your innate creativity.

Making art does not necessarily mean painting a gallery-worthy still life or belting out a Grammy-winning song. It simply means finding a way to give your inner muse a voice in this world. Sure, there’s drawing, dancing, singing, and writing. But there’s also art to be made from creating your own pair of angel wings or inventing a new toy or curating your own at-home film festival.

Each week features a project of self-examination, an inspirational message, a real-world example of a celebrity who has addressed similar obstacles, and three zany activities to awaken your infinite creativity.

It’s time to declare the beat of your own drum.

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